101 If the Bushmen, whose relationship to the Pygmies is highly questionable, be left aside, there are three main groups of African Pygmies —the Mbuti of the Ituri Forest, the Tswa of the western Congo and western Africa, and the Twa between Lake Kivu and Lake Tan-
[141] ganyika. Of these, only the first group is truly
• [144] "Pygmy" according to Schebesta (1952), being under 150 cm. in stature and relatively free from intermixture with neighboring tribes. Schebesta refers to the Twa and Tswa as "Pygmoids." From all the available evidence
[184] it seems that the Ituri Mbuti alone preserve any semblance of their original nomadic life as hunters and gatherers, although little is known yet about the Pygmies of equatorial Africa.

175 Our earliest sources (the Sixth-Dynasty tomb
131 at Beni Hassan, the Pompeian parietal paintings, Homer, Aristotle, and even the Mappa Mundi) all agree in placing a Pygmy population near the source of the Nile. Later sources enlarge little on this information, and the first real attempt to delimit the territory was made by Schebesta in 1929–1930.

131 The Ituri Mbuti inhabit the forested basins of the Lindi and Ituri rivers (Schebesta). The Bomokandi River forms the northern frontier. The Mbuti never move beyond the edge of the

[P. 159-B]

1: Turnbull E-4. 5 (1951-1955) 1965 FO4 Pygmies FO4
Mbuti

betu, Bira, and Lese, respectively. Schebesta believes the Efe dialect to be the remnant of the original Pygmy language, and for this reason he considers the Efe archers to be culturally the purest of the three Mbuti groups. Costermans (1937) disagrees as to both the originality of the Efe language and the purity of Schebesta's particular Efe Mbuti. He asserts that among the Watsa-Gombari Efe, who according to Schebesta were not "true Pygmies," he found hundreds living in exactly the same manner as Schebesta's "true Pygmies." 197 101 114

Jadin (1936) considers that of Schebesta's three groups the Efe and the Sua have remained most faithful to their old way of life and finds that, on grounds of blood groups, the purest Pygmies are those who live farthest from their village neighbors, from whom they are clearly distinguishable by their biochemical index. 101 144 184

The Aka live mostly to the north of the Nepoko River, along the length of the Ituri as far east as Gombari. Thence southward, to the east of the Nduye, the Efe archers are found. The Sua roam from the Nepoko to the south side of the Ituri River, from Bomili in the west, almost to Mambasa in the east. Detailed information on the Aka is not available, though they seem to make more use of the spear than the other groups. 101 131 619

[P. 159-D]

1: Turnbull E-4. 5 (1951-1955) 1965 FO4 Pygmies FO4
Mbuti

563
582
[166]

There is no reliable detailed information as to population movement, though the general opinion is that the population has remained static for some time; nor are there data on the frequency of intermarriage between Mbuti and villagers. Jadin (1936) and Costermans (1937) confirm Schebesta's (1952, 47) opinion that miscegenation is a one-way movement. A village male may take a Pygmy wife, in which case the children will be brought up in the village, but a Pygmy male will never take a villager wife. This holds equally among archers and net hunters (Putnam, 1948, 325). Information for the Aka is, as usual, conflicting and unreliable. Schweinfurth (1874) asserts that there is intermarriage between the Aka and the Mangbetu; Burrows (1898) claims that there is no such intermarriage.

Information as to the attitude of Mbuti and villagers toward miscegenation is also lacking. Schebesta says that certain northern tribes of villagers aver horror at the idea of intermarriage, but that in spite of this it takes place and is nowhere unknown. Both the Lese and the [144] Bira tribes, with which the archers and net hunters are most in contact, are considerably modified physically owing to the frequency of miscegenation (Schebesta, 1952; Geluwe, 1956),

[P.161-B]

1: Turnbull E-4. 5 (1951-1955) 1965 FO4 Pygmies FO4
Mbuti

[P. 161-C]
but Schebesta estimates at only 5 per cent "the proportion of Negro blood passed to the Pygmies" (1938, 111). Costermans (1937), however, who made a detailed study of the Watsa-Gombari population, says that in most villages (in his area anyway) marriages of Lese or Mamvu with Pygmy women are rare.

## LANGUAGE

Contemporary linguists are divided as to the question of Pygmy language. Some take the view that a search for such a language is bound to be fruitless; others (Putnam) find traces of it only in personal names and a few place names and names of animals and plants. Schebesta (1952), however, believes that he has found the remnants of the original Pygmy tongue among the Efe archers. Efe and KiBira are the two main camp languages of the Mbuti, the former belonging to the Mamvu-Lese-Mvuba language group, and the latter to the semi-Bantu Bira.

1: Turnbull E-4. 5 (1951-1955) 1965 FO4 Pygmies FO4
Mbuti



was also Putnam's, although he was keenly interested in the problem and spoke all the major villager languages of the area fluently. All we can say is that the Ituri Mbuti now speak the same languages as the villager tribes with which they are or have been in closest contact.

Questions of origin and history can be answered only by speculation and do not concern us at the moment.

As stated, physical anthropology is too specialized a subject to be treated here, though the findings of detailed studies would be of great value not only in helping to answer questions of origin, but also in tracing affinities between different Pygmy and Pygmoid groups, estimating migratory movements, and determining the degree of miscegenation with villager tribes and the relative direction of such miscegenation. This last consideration is of particular importance with reference to the Mbuti-villager relationship.

1: Turnbull E-4. 5 (1951-1955) 1965 FO4 Pygmies FO4
Mbuti
Zaire FO1

## Intermarriage

As pointed out above, this traffic is one-way. There are no records of Pygmy men taking villager wives, nor any acknowledged instances of Pygmy men begetting children by villager mistresses. Blood counts (Schebesta, 1938, 111), however, reveal a small proportion of villager influence in hunting communities, which may or may not be accounted for by the return of the half-breed offspring from the village to the forest. Normally the children of such unions are brought up as villagers. The father will, to the best of his ability, prevent children by his Pygmy wife from returning to the forest, and apparently the Pygmies themselves regard such children as villagers.

There are not enough data on individual intermarriage for us to determine how far this one-way tendency is a form of hypergamy. It may, in fact, simply be the result of the practical consideration that no villager woman could fulfill the requirements of a woman and wife in a Pygmy hunting camp. Even if the latter is the case, it does not answer the question as to why a Pygmy girl should marry a villager. Unfortunately, there is no evidence that gives us even the hint of an answer. There is certainly no

2: Turnbull E-5 (1951-1958) 1965 FO4 Pygmies FO4
Mbuti



In paying special attention to this relationship it was felt that the otherwise intangible value-system of the Mbuti would be more clearly revealed, leading to an understanding of the ritual relationship that appeared to exist between the Mbuti and the forest, as implied in the accounts of other observers and in my own prior experience, but nowhere made explicit.

## EXECUTION

Field work was undertaken between the summer of 1957 and the late winter of 1958, entering the then Belgian Congo by driving through from the West Coast, collecting as many local accounts of pygmy or pygmoid hunters and gatherers along the way as possible, for future reference. Such accounts were gathered in Dahomey, Nigeria (particularly towards the east), the Cameroons, Gabon, and throughout the Congo, but few hunting bands were encountered until well towards the Ubangi River (see Map 1). It was decided not to spend time trying to make contact, except on the far side of the Ubangi, where contact was relatively easy, and where there were also some Binga pygmies from the west bank of the river.

From the Ubangi over to the Ituri it was quite obvious that, as elsewhere, true hunting bands only existed where there was substantial primary forest, and that elsewhere not only was the hunting and gathering economy defunct, but there had been so much intermarriage that one could not truly speak of a pygmy physical type any more than one could speak of a pygmy culture.

Leaving aside the forested area south of the Congo River, which I did not cover but for which pygmoid groups are reported, I found relatively isolated bands of pygmy and pygmoid hunters and gatherers to exist in the forests of the Gabon and the Cameroons, and in the Congo Republic (Brazzaville) as well as in the forested regions around the Ubangi River. But by far the heaviest concentration is in the Ituri Forest, where all the pygmies recognize their unity in the name Mbuti, and where both the physical and the cultural integrity of the hunters and gatherers seems to have been best preserved.

There was no question that this was the right area for the major bulk of the field work, but there was some question as to which band to select for the intensive study. I eventually decided on the Epulu

[P. 16]

CHAPTER 2

# Orientation

## THE PEOPLE AND THE ENVIRONMENT

101 The Mbuti pygmies form the largest single group of pygmy hunters
• 144 and gatherers in Africa, and are probably also the purest in both the biological and cultural senses. Throughout the equatorial rain forest other similar groups exist, but while some of them (notably in the Gabon and in the Ubangi area) appear to be comparable with the Mbuti, the majority, like the Twa and the Tswa of the Kivu and central Congo districts (see Map 3 ½ have at one time or another intermarried with Negro tribes of cultivators, losing many of the true pygmy physical characteristics and at the same time losing a great deal of their original hunting and gathering culture.

181 Far more important, from the structural point of view, is the altered relationship between all these pygmoids and the world they live in, for as we shall see, the structure of Mbuti society pivots
• [179] around a powerful forest-oriented system of values. This value system to a large extent overrides economic considerations in determining the relationship between the Mbuti and their village neighbors, whereas among the pygmoids the economic factor appears to be dominant, and the consequent dependency of the pygmoids upon the villagers in other respects is also greater.

• 177 This is in no way to say that the structure to be found among the
178 Mbuti is representative of an original pygmy hunting and gathering structure; in fact probably far from it, for the repercussions of the invasion of the forest by the village cultivators have been enormous. But the response of the Mbuti, for whatever reason, has been different from that of the Twa and the Tswa and it is of much greater structural interest and significance, incidentally throwing light on the whole process of acculturation. At the same time, however, the peculiar structural development of the Mbuti does enable us to observe a

[see page 318 -- Analyst]

2: Turnbull E-5 (1951-1958) 1965 FO4 Pygmies FO4
Mbuti
Congo-Kinshasa FO1



tion between villages is due only in part to rivalry for territory. It is also due to suspicion of witchcraft and sorcery, a suspicion that seems to increase as the distance of separation decreases. This, of course, can also be interpreted as an expression of territorial friction, but it is conceived in personal rather than territorial terms, and is accompanied by a general dislike and mistrust of strangers.

Nor must we lose sight of the fact that whereas the Mbuti, even with their nomadism, in which hunting camps are shifted every month, have a strong sense of basic territorial permanence, the villagers have none, and this gives rise to further instability. To mention only one example, it is believed among the Bira that the dead should be buried according to a prescribed ritual, and that the grave should be cared for in a prescribed manner. The burial is always carried out but it is a constant source of conflict having to care for a grave that may be some miles away. Every time a village moves the villagers have to face the fact that they are abandoning their dead, to some extent, and they are unpleasantly reminded of the uncertainty of their own future. We do not know what the original burial practice was before the Bira moved into the forest; undoubtedly changes have been made, but they have not adequately met the new situation.

It is only in light of the relationship between each of these peoples and the environment in which they live that we can understand the relationship between the people themselves. It is in part ignorance of this factor that has led to the gross misunderstanding of Mbuti/Villager relationship, and indeed of Mbuti society itself. Before considering either the Mbuti or their relationship with the villagers, however, a certain amount of further ground-clearing is necessary.

## MBUTI, BAMBUTI, BAMBUTI

A certain amount of confusion concerning the Mbuti arises out of conflicting terminology, some of it totally inapplicable or lacking in significance. First we have to be clear why we group together, under any one name, all the pygmy hunters of the Ituri Forest, even though they speak different languages and use different hunting techniques.

Racially, they are clearly one people, quite distinct from any of the surrounding Negro tribes. They form a strongly, visibly distinct unit. Culturally, they are equally distinguished from their neighbors as a unit, being hunters and gatherers, and not cultivators, with a consequently totally distinct social structure. Differences in hunting techniques do not affect the basic structural unity.

2: Turnbull E-5 (1951-1958) 1965 FO4 Pygmies FO4
Mbuti



197 selves from neighboring pygmies, place names are more likely to be
101 used than the terms Aka, Efe or Sua. Although I have formerly used both BaMbuti and Bambuti, I here use the form Mbuti, as this eliminates difficulty in accurately representing singular and plural forms, and is in keeping with the current practice of the International African Institute.

101 In previous writings and occasionally in this work, the term "Ne-
144 gro" is used to differentiate the pygmy hunters from the immigrant farmers, but it now seems far better to use the term "villager," for the significant difference, as seen by the people concerned as well as seen by the anthropologist, is one between a forest people and a village people; the racial factor is structurally negligible. Precise tribal names cannot always be used, as in some villages the tribal composition is mixed, and as any one band of Mbuti may have contact with two or even three different village tribal groups.

121 I have made other modifications to my earlier terminology, neces-
122 sary simply because of increased understanding. I now use the term "band" where previously I used the term "group" to refer to a unit of Mbuti hunters, who, regardless of their kin relationships, recognize and share a common hunting territory. As will be seen, the term refers more to territorial boundaries than to the boundaries of kinship. The term "group" I now employ to refer generally to one villager group as opposed to another; i.e., Sudanic and Bantu, say, or to distinguish between all net-hunters and all archers. But wherever used, it is used only in its general sense, the context making its meaning plain. It does not have any specific academic significance, not being a translation, for instance, of Schebesta's (1948, p. 291) "Lokalgruppe."

By "family" is meant a nuclear family of a man, his wife and their sociologically recognized children, who are cared for and brought up in all respects in the same way whether or not they are biological offspring. The terms "clan" and "lineage" do not enter much into our analysis of actual Mbuti kinship, but are used as theoretical concepts by comparison with which we can more satisfactorily understand the Mbuti system. A discussion of their meaning is, then, an integral part of the test.

In the course of discussion of the magico-religious system, certain usages specific to the situation will be defined; here I would just mention my own understanding of the terms "ceremony" and "festival." "Ceremony" has, when I use it, the connotation of formal ritual, of an established pattern of behavior that must be followed according

3: Turnbull E-5 (1951-1958) 1962 FO4 Pygmies FO4
Mbuti



Reverend Paul Schebesta, set out from Vienna in the nineteen-twenties to study them.

Schebesta's first trip was an over-all survey of the forest area, in which he established the fact that this was a stronghold of the pure Pygmy, as opposed to the "Pygmoid" in other parts of the equatorial belt, where there has been intermarriage with Negro tribes. In subsequent trips Schebesta gathered material which showed that these Ituri Pygmies—whose term for themselves, BaMbuti, he adopts—are in fact racially distinct from the Negro peoples, Bantu and Sudanic, who live around them. This fact has been confirmed by later genetic studies, up to the present. Though we cannot be sure, it seems reasonable to assume that the BaMbuti were the original inhabitants of the great tropical rain forest stretching from the west coast right across to the open savanna country of the east, on the far side of the chain of lakes that divides the Congo from East Africa.

But when I read Schebesta's account of the Pygmies it just did not ring true when compared with my own experiences on my first trip to the Ituri. For instance, in one of his first books he says that the Pygmies are not great musicians, but that they sing only the simplest melodies and beat on drums and dance wild erotic dances. Even much later, after he had come to know the Pygmies better and had spent several years in the region, when he wrote his major work, running to several volumes, he devoted only a few pages to music, attributing little importance to it and dismissing it as simple and undeveloped. This could not have been further from the truth.

In several other ways I felt that all was not well with Schebesta's account, particularly with his description of the relationship between Pygmies and Negroes. He gave the impression that the Pygmies were dependent on the Negroes both for food and for metal products and that there was an unbreakable hereditary relationship by which a Pygmy and all his progeny were handed down in a Negro family, from father to son, and bound to it in a form of serfdom, not only